

**CERTIFICATE OF NEED
PROJECT SUMMARY**

Closed Acute Care Inpatient Psychiatric Services

Facility Name: Monmouth Medical Center	CN #: FR 080116-13-01
Applicant Name: Monmouth Medical Center	Total Project Cost: None
Location: Long Branch (Monmouth County)	Equity Contribution: N/A
Service Area: Monmouth County	

Project Description:

The applicant proposes to convert three (3) adult open acute psychiatric beds (open beds) to adult closed acute care inpatient psychiatric beds (closed beds). Currently, the applicant has 16 closed beds and 28 open beds. Upon implementation of the project, the applicant's bed complement would be: 19 closed beds and 25 adult open beds.

Justification of Need by Applicant:

The applicant proposes to meet the need for the three additional closed acute beds in Monmouth County as identified in the Department's November 5, 2007 call for applications for closed beds. In Monmouth County, the applicant indicates that in 2007 its open beds operated at 81.32% occupancy and its closed beds operated at 86.68% occupancy.

The Systems Review Committee also estimated, based on the applicant's reported utilization data, that an additional 38 Monmouth County patients were placed in other inpatient psychiatric facilities.

Compliance with Statutory and Regulatory Requirements:

The applicant has stated its compliance with statutory criteria set forth in the Health Care Facilities Planning Act, as amended, at N.J.S.A. 26:2H-1 et seq., as follows:

(a) *Availability of facilities or services, which may serve as alternatives or substitutes:*

The applicant notes that the state, as well as Monmouth County, is experiencing a shortage of adult closed acute care inpatient psychiatric beds. For the reasons indicated above, the available number of closed beds in the county is insufficient to meet the need of the population served and there are no other alternatives or substitutes to address this need.

(b) *Need for special equipment or services in the area:*

Closed inpatient psychiatric treatment is a special service that was established by the need methodology to require three additional beds in the county. For this reason, the applicant states its additional requested beds will directly address this unmet need.

(c) *Adequacy of financial resources and sources of present and future revenues:*

There is no capital expense for this project. Additionally, the applicant has demonstrated it has sufficient financial resources at present and in the future to support its request.

(d) *Availability of sufficient manpower in the several professional disciplines:*

The applicant maintains that it has been able to meet staffing requirements and will continue to do so after this expansion.

(e) *Accessibility to and availability of health care services to low income and medically underserved persons:*

i. Percent of population in the county below poverty level
6% of Monmouth County residents are below poverty level.

ii. Percent of care provided to Medicaid recipients, charity care, and uninsured

For 2007, the applicant shows 19% of adult closed acute care inpatient psychiatric care was provided to Medicaid recipients, 21% to the uninsured or indigent and 30% self-pay.

iii. Outpatient clinic services

Outpatient psychiatric services include an Adult Partial Hospitalization Program which includes psychosocial rehabilitation and therapeutic and educational services, as well as an after-care group. The Pollack Mental Health Clinic provides outpatient psychiatric clinic services including psychiatric evaluation, medication evaluation and monitoring, individual therapy, group therapy, psycho-educational groups, support groups, and MICA services.

iv. Public or private transportation services

Public transportation via bus is readily available throughout its service area. Patient's who attend the partial hospitalization program are provided with transportation between their home and the program site. For those who cannot pay for transportation, staff will explore various travel options available such as through the Monmouth County SCAT program and reduced fares for people who are eligible.

v. Public or private transportation services

The applicant assists patients with placement after discharge first with a family member. When patients have benefits or income, staff will work with them to find a motel or rooming house in the area. Staff works with the Board of Social Services and asks for assistance in placing patients in nearby housing. Patients who are undomiciled at the time of discharge and do not have any resources and cannot be assisted by the Board of Social services are placed in shelters.

vi. Assistance with residential placement

Families are asked to participate in the patient's treatment and discharge planning, with the patient's permission. The applicant has a Family Support Specialist who initiates an Evening Family Support Group.

(f) *Demonstration of character and competence, quality of care, and an acceptable track record of past and current compliance with State licensure requirements, applicable Federal requirements, and State certificate of need requirements, as follows:*

- i. The applicant has met its obligations under previously approved CNs.
- ii. The applicant has a satisfactory record of compliance with state licensure standards and federal requirements regarding operation and management.
- iii. There are no continuing violations or a pattern of violations for this facility. Additionally, this facility has not been subject to action by a state or federal agency to ban, curtail or temporarily suspend admissions to the facility or to suspend the facility's license.

(g) *Other applicable requirements which are specified in any health planning rule adopted by the Department:*

The applicant has provided documentation of its compliance with the requirements for the initiation and expansion of closed inpatient psychiatric services pursuant to the Certificate of Need Application and Review Process, as set forth at N.J.A.C. 8:33-4.10(a). Specifically, the applicant states that it does not deny inpatient admission to anyone on the basis of inability to pay.

Applicant Bed Utilization CY 2005-2007:

Open Inpatient Psychiatric Services			
	2005	2006	2007
Admissions	Not Reported	Not Reported	Not Reported
Patient Days	Not Reported	Not Reported	Not Reported
Occupancy Rate	72%	63%	77%

Closed Inpatient Psychiatric Services			
	2005	2006	2007
Admissions	Not Reported	Not Reported	Not Reported
Patient Days	Not Reported	Not Reported	Not Reported
Occupancy Rate	77%	83%	87%

Recommendations of the local mental health board:

- **The Monmouth County Mental Health Board endorsed this application.**